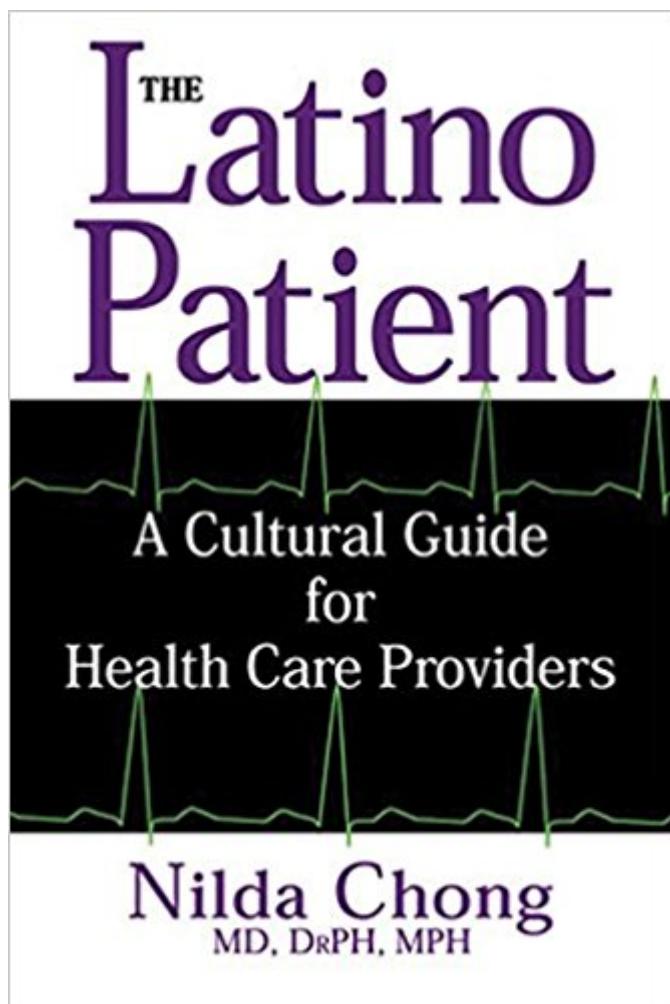


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# The Latino Patient: A Cultural Guide For Health Care Providers



## **Synopsis**

By 2030 Latinos will comprise roughly 20 percent of the population of the United States. Growing numbers of health professionals are realizing the importance of understanding Latino cultural values as they impact the clinical encounter. Such knowledge can enhance their ability to communicate with and treat Latina patients effectively and respectfully. The Latino Patient provides an in-depth exploration of Latino diversity, relevant cultural values, health status, beliefs, and practices; and effective communication strategies. The author has developed an original, practice-oriented model that leads the reader from greeting the patient to ultimately negotiating treatment. The book is hands-on and provides numerous vignettes gleaned from the author's experience. The Latino Patient should be high-priority reading for physicians, nurses, physician assistants, therapists, clinical psychologists, social workers and other clinicians.

## **Book Information**

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## **Customer Reviews**

When I was reading The Latino Patient, it felt like my family, my traditions, and my understanding of my culture was being explained in a clear, respectful and concise way. Dr. Chong has taken a difficult concept and explained it in a way that is easy to comprehend. -- Adriana Linares, MD, MPH, Latino Caucus Chair (2002-2003), America Public Health Association Nilda Chong has written a highly readable, practical guise that tells non-Latino health care professionals exactly what they need to know. Reading this book has enhanced my appreciation of Latino culture and made me a better doctor. -- Terry Stein, MD, Director, Clinician-Patient Communication, The Permanente

Medical Group, Kaiser Permanente The Latino Patient is a very lucid summary of the principles of cultural competence that should be understood by every health care provider who serves Latino patients. Dr. Nilda Chong has distilled her years of experience. In working with these patients to produce a work that is both informative and a pleasure to read. -- Mohammad N. Akhter, MD, MPH, Executive Director, American Public Health Association

Nilda Chong, M.D., PhD, MPH, is Director of the Institute for Culturally CompetentCare, for Kaiser Permanente, the nation's largest Health Maintenance Organization (HMO). She has an extensive network of both governmental and private-sector contacts through her diverse consulting and advisory capacities, including Kaiser Permanente International, Tobacco Education Clearinghouse of California, The U.S. Surgeon General's Office and the California Medical Association.

The Latino Patient: A Cultural Guide for Health Care Providers by Nilda Chong was an excellent introduction to the principles of understanding and communicating with the Latino patient in the U.S. The author had a difficult task, but I feel that she succeeded especially well in acknowledging the diversity of the Latino population while still focusing primarily on the similarities that are of practical importance to the well-intentioned but inexperienced health care provider. While the book does contain a good amount of Latino-specific information, I estimate that 2/3 of its content would be equally applicable to quality care for any type of patient. This could be disappointing to the more experienced provider, but to a young person such as myself, I found the basic review of respectful patient care to actually be useful. The book is well organized, with five chapters of background information followed by five more chapters that chronologically outline the patient visit. Overall, the author does an excellent job of achieving her intentions of raising awareness and creating a guide for culturally competent care of the Latino patient.

A very accurate/good view in the life of how Latinos are brought up. Definitely recommend if you're interested in knowing more in depth about the ideology based on machismo/marianismo.

Since a large number of patients in my hospital are Spanish speakers, this book is a very valuable tool for serving this population. It's not enough to just be able to communicate. Understanding the Latino culture is extremely important when addressing their health issues. This book has helped me to address sensitive health issues in a manner that I wouldn't have thought of prior. It definitely increases the trust value between patient and caregiver.

This is what I used in my medical Spanish course! GREAT text to add!

I use this book together with "Caring for patients from different cultures" and they are great as introductory / reference bibliography for my students.

useful

This is a well researched and written book about the Latino patient for those professionals working with this population. I use this book in my classes and highly recommend it for those who want to learn more about Latinos in the healthcare field.

Great condition but lots of highlighted and marked areas. I was still able to read it, but it was a bit distracting.

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